

media release • for immediate distribution

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NORTH SHORE SENIOR CENTER NEWS

All events are held at the North Shore Senior Center, Arthur C. Nielsen, Jr. Campus, 161 Northfield Rd., Northfield, unless otherwise noted.

Call 847.784.6030 Weekdays between 9 am and 4 pm for information and to make reservations.

Visit our Web site: www.nssc.org.

-----Free Men's Club Programs-----

Tuesdays 10:30 to 11:30 am

Women and Guests Always Welcome

August 2 – A New Round for Israel-Palestine Peace: From the Bottom Up. Keki Bhote, author, journalist and lecturer, will discuss the two state solution for Israel and Palestine, which is currently going nowhere. Yet, there is a silver lining of hope. The Palestinians are building their economy from the bottom up, and strangely, the Israeli's are helping. Special Valet Parking, \$2. Handicapped Valet Parking, Free.

August 9 – My Experience as a T-Man. James Patton, former internal revenue agent group manager, treasury department, will speak about his experiences as a supervising internal revenue agent.

August 16 – The History of the POW/MIA Flag. Chris Schwarz will discuss how this special flag, recognized by the U.S. Congress in conjunction with the Vietnam War POW/MIA issue, was designed to symbolize citizen concern about United States military taken as prisoners of war or listed as missing in action.

August 23 – The Historic Pullman Community of Chicago. Mike Shymanski, President of the Historic Pullman Foundation of Chicago, will present a history of the development of this community by George S. Pullman, the people who lived and worked there and what this community means to Chicago today. A short film will accompany the talk, dramatizing historic events over time. Special Valet Parking, \$2. Handicapped Valet Parking, Free.

August 30 – Stories from the Front Line of the National Football League. Jerry Markbreit, retired National Football League referee, returns to North Shore Senior Center to regale us with more stories from his being up close and personal with professional football players.

Yiddish Film: *The Singing Blacksmith*. Monday, August 1, 1 to 3 pm. Toby Ehrlich, B.A., CUNY, is our facilitator for this Yiddish film with English sub-titles. Moishe Oysher, the renowned cantor and star of Yiddish radio, stars in Edgar G. Ulmer's musical version of David Pinski's play *Yankl der Shmid*. Singing, dancing and flashing his eyes, Oysher gives his most robust performance as a passionate shtetl blacksmith who must struggle against temptation to become a mensch. Fee: \$8/NF members; \$10/others.

The Tonight show: A Celebration of Johnny Carson. Two Sessions, Wednesday, August 3 and 10, 1 to 2:30 pm. Steve Frenzel, Marquee Movie Presentations, says "Heeeeere's Johnny!" Give a round of applause for the king of late night as we celebrate the legendary career of Johnny Carson, the man who stole the evening air waves with his brilliant comic timing and flair. Get a behind-the-scenes look at one of the most iconic shows in TV history in this collection of clips and hilarious anecdotes. Fee: \$16/NF members; \$20/others.

What's New with Medicare 2011. Thursday, August 4, 10 to 11:30 am., Free Program. Bryan Padget, Senior Health Insurance Program (SHIP) representative, will update us on the latest about Medicare. If you have questions or concerns or just want to know what the current status is, be sure not to miss this free program from the Illinois Department of Insurance's SHIP program.

Beverly Sills. Thursday, August 4, 1 to 2 pm. Dramatist Roberta Randall will portray the late Beverly Sills as we relive this internationally acclaimed soprano's capture of America's heart. Her glorious artistry, engaging personality and salty intelligence were only part of a remarkable life. Other facets were as varied as child performer, singer, impresario, wife and mother, and co-director of the New York City Opera. Fee: \$8/NF members; \$10/others.

Bossa Nova! Friday, August 5, 10 to 11:30 am. Enjoy, with educator and composer Jim Kendros, the warm, breezy charm of this Bossa Nova performance. When you hear its "new beat" you'll know why it captured the hearts of music lovers in the early 1950's and continues to do so today. Jim will share with us the magic of Bossa Nova favorites, including the greatest Bossa Nova song of all time. Fee: \$8/NF members; \$10/others.

The King and I. Two Sessions, Friday, August 5 and 12, 1 to 3 pm. Watch with Joe Cunniff, M.Ed., Loyola University, a musical that includes some of Rodgers and Hammerstein's best theater songs. Yule Brynner,

Deborah Kerr and Rita Moreno star in this 1956 movie classic which will be shown in two parts to allow ample time to hear some interesting things about the making of the show, as described by Richard Rodger's autobiography. Fee: \$16/NF members; \$20/others.

Midwest Wanderings Thursday, August 11, 1 to 2:30 pm. Explore the highways and byways of the Midwest with naturalist and photographer Jim Rowan. Often overlooked as a travel destination, the Midwestern states contain a multitude of parks and historic sites. Some of the places we'll visit include Parke County, Indiana (home to over 30 covered bridges), the Indiana Dunes National Lakeshore, and Door County, Wisconsin Fee: \$8/NF members; \$10/others.

Little Murders, Alan Arkin, Director. Friday, August 12, 9:30 am to 12:30 pm. You'll enjoy seeing this provocative piece of social commentary written by Jules Feiffer. It stars Elliott Gould as a passive photographer who meets the woman of his dreams and has his life changed forever after she brings him home to meet her eccentric family. This riotous landmark comedy has a lot to say about American institutions including family, marriage, religion and law enforcement. It features an all-star cast including Donald Sutherland, Vincent Gardenia, Elizabeth Wilson, Doris Roberts and Arkin himself. Fee: \$8/NF members; \$10/others.

Feast with the Beasts at the Milwaukee Zoo. Thursday, August 18, 8:45 am to 3:45 pm. Put on comfy walking shoes, sunglasses and sunscreen, and bring your appetite for a "good time" to this yearly Milwaukee Zoo festival! You'll enjoy a variety of entertainment, foods and of course...the animals. While you stroll the park, you can visit one or more of the entertainment stages and also buy your tickets for foods from over 25 showcased restaurants offering assortments of tempting cuisines. Performances at the five stages present a refreshing assortment of music and comedy. There will be animal demonstrations galore, magicians, clowns -- and even wine tastings. Entrance to the festival and round trip bus from North Shore Senior Center are included in fee: \$43/NF members; \$58/others.

Heart Disease and Heart Attack Preventation Wellness Lecture. Thursday, August 18, 1 to 2 pm. Chirag Patel, MD, Hansa Medical Groupe, presents this important discussion on one of the most common and serious medical diseases. Learn how to manage coronary artery disease with your physicians, including when to see a cardiologist. The lecture will include further details on stress tests, angiograms, and other important diagnostics related to heart disease, as well as the most important aspect of preventing heart attacks. Fee: \$7/NF members; \$9/ others.

Patrick G. and Shirley W. Ryan Opera Center for Young Artists Concert. Sunday, August 21, 2 to 3:30 pm. Once again we are privileged to host a concert by four extremely talent young artists singing operatic arias, duets, and other ensemble work – perhaps even a Broadway show tune! Some of these stars of

tomorrow have already sung supporting roles at the Lyric Opera. Their stunning vocal quality and superior musical abilities make this one of the season's most popular concerts! Fee: \$10/NF members; and others.

Save the Date! North Shore Senior Center's 2011 Benefit for the House of Welcome. Sunday, September 18, at 5 pm. The evening includes a lovely cocktail hour, robust silent auction, plated gourmet dinner and entertainment featuring Ross Lehman! Mr. Lehman will perform a mix of songs and stories for a lively, quick and funny performance. The Benefit is the single largest funding source for the House of Welcome and makes it possible for the HOW to be a trusted resource for individuals and families who are affected by Alzheimer's disease or other formers of dementia.

About the North Shore Senior Center:

The North Shore Senior Center, founded in 1956, is a not-for-profit organization of professionals and volunteers enhancing and enriching the lives of seniors and families in the northern suburbs of Chicago. North Shore Senior Center provides options for health, independence, and well-being and offers more than 100 educational and experiential programs per week. For more information, please visit www.nssc.org.